

Kiveton Park Primary Care Centre Patient Participation Group

Wednesday 19th April 2017

Attendees: Keith Emsden, Helen Greer-Waring, Alicia Higgins, Barry Winterbottom, Marsha Raynes, Sandra Williams, Mike Brabbs, Ron Law, Jean Hirst, Katrina Fletcher, Sister Lyca Downing, Sister Christine Handley, Dr Ullah – guest speaker

Apologies: Becky Clowes, Dr Say

1. Welcome

Keith welcomed everyone to the group. Marsha introduced our guest speaker – Dr Ullah.

2. Minutes of February meeting and approval

Minutes of the February 2017 meeting were agreed as a true record.

3. Matters arising

None

4. Treasurer's report

Bank balance is £964.10. Our bank is being moved to Scunthorpe so we are looking into the branch in Crystal Peaks.

5. Vice chair/ secretary's report

Helen mentioned the problem of the cars leaving the surgery not looking before they pull out. The suggestion of maybe having line markings at the entrenched of the doctors was made. Another suggestion was getting rid of the bushes which was being taken to the council.

Keith also suggested the group have more notices on our boards promoting the next meetings and having the agenda on the meetings to try and encourage more people to come.

6. News from the surgery

Prescriptions – the online prescriptions were increasing and they are mostly working with a bit of confusion.

Telephone system – the surgery were getting new phones around the end of May.

Staff – 2 new registrars and an new F2.

New group – as there isn't enough doctors in training this group is a fast track of training for 2 years.

7. Guest speaker – talk on end of life care

Dr Ullah gave a talk on end of life care.

The talk included:

- The definition of end of life: likely to die in the next 12 months.
- Recognising the dying process – this includes the persons behaviour, what they are eating and drinking and weather this has decreased.

- What a 'good death' is – ensuring the best quality of care is given and making sure the person is comfortable and their wishes are being respected.
- Physical signs of end of life – this included the person may start to lose weight, they may become more fatigued and weak, the person may also have reduced mobility and spend more time asleep than they usually would.
- DNACPR (do not attempt Cardio-pulmonary Resuscitation) – this included how to fill out the DNR forms and the conversations which should happen before filling out a form. It also included what the DNR form means for a patient. That it is acting in the best interest of the patient and it doesn't mean any active treatment is stopped.
- Palliative care of symptoms – this included pain, nausea and vomiting, breathing and secretions, and agitation. These were then explained how to control and make the patient more comfortable.
- Practicalities of delivering end of life care – this included Dr Ullah passing around the group different examples of the equipment and resources available when giving end of life care.
- The talk finished with a scenario which gave some of the people in the group a character and made the case interactive.

8. Date of next meeting – Wednesday 17th May 2017 at 6pm

The meeting closed at 7:30pm.